

## Prenatal Visits

6-10 weeks: Confirm the Pregnancy / Annual Exam

- Initial OB appointment where we will confirm your pregnancy with an ultrasound.
- Annual exam with pap smear and breast exam (if you have not had one within the past year)
- Will review your health and health history.
- Initial OB education provided.

12 weeks: New OB Visit

- Ultrasound with nuchal translucency, if desired.
- Genetic screening: first trimester screen (FTS) or cell-free fetal DNA (cfDNA) (see handout), if desired.
- After your 12 week visit, visits will occur every 4 weeks

16 weeks:

- AFP or quad screening, if desired.
- Schedule 20 week ultrasound

20 weeks:

- Anatomy scan / (Also known as 20 week ultrasound)
- Screen for anemia / check hemoglobin

24 weeks:

- Instructions given for 1 hour GTT (to be performed at 28 week visit)

28 weeks:

- Screen for anemia / check hemoglobin
- 1 hour GTT
- If Rh negative, RhoGam
- TDAP (whooping cough vaccine)
- Review Third Trimester To-Do List
- After this visit, you will now be seen every 2 weeks

30, 32, and 34 weeks:

- If you are not having a scheduled cesarean section, you will likely “rotate” and meet all of the providers within the practice.
- At these visits, we will check in, measure your fundal height, and listen to the baby’s heartbeat.

36 weeks:

- Group B Strep screen
- Screen for anemia / check hemoglobin
- Sign hospital consent forms
- Beginning at 36 weeks, we will see you every week until delivery!

*\*Flu vaccine will be offered at any visit when the flu vaccine is available.*